

Learning & Practice Project

The Learning & Practice year-long project will provide a new approach for practicing and aspiring artists with mental health challenges to learn, create and present whilst also promoting engagement with and sharing on wider platforms.

The project has three key aims:

- 1) Developing artist's knowledge, practice & experience of arts and mental health and increasing practitioner's professional skills
- 2) Supporting artists and young people to develop creative aspirations
- 3) Promoting wider understanding of issues around arts and mental health and reducing discrimination and stigma

The project will be delivered through an artist's residency, a programme of training sessions, work shadowing, gallery and project visits, a presentation and panel discussion, and an exhibition, leading to a Wales Arts and Mental Health Festival being piloted by Disability Arts Cymru (DAC) and Making Minds in 2016.

We are setting up 5 new training groups involving up to 30 different artists in three different venues in Powys, in Oriel Davies Gallery, Newtown, and new outreach partner The Welfare, Ystradgynlais as well as at our own venue, Centre Celf in Llandrindod Wells.

We are now beginning to make a call for artists for these training sessions at the Oriel Davies, The Welfare and here at Centre Celf. If you are interested in being involved as a participant and to register your interest, please email projects@celfogwmpas.org